

YOU ARE AN IHS PARENT!

Patricia Haddad, Incline High School Counselor

Leslie Hermann, K-12 Principal

Andrew Yoxsimer, Site Administrator

Information Objectives

- ▶ Learn what you can expect as the parent of a freshman.
- ▶ Learn about freshman scheduling, Freshmen Seminar and graduation requirements.
- ▶ Learn how you can support your child during his or her first year of high school.

Freshmen Core Courses

Biology

English

Math

- Writing
- Inquiry
- Collaboration
- Organization
- Reading

WCSD REQUIRED COURSES

English credits 4

Mathematics credits 3

Science credits 2

W. History/W. Geo. credit 1

U.S. History credit 1

Amer. Govt. credit 1

Arts/Humanities/
Occupational Ed. credit 1

PE/HSROTC * 2 credits

Health* credit .5

Computer Lit credit .5

Total Required Credits 16 required courses

Total Electives Credits 6.5 elective courses

GRAND TOTAL Credits ... 22.5 credits = graduation!

RECOMMENDED COURSE OF STUDY

Freshman Year

English (year)

Math (year)

Biology (year)

PE or HSROTC
(year)

Health (1 sem.)

Computer. Lit. (1
sem.)

Elective (year or 2
sem.)

Freshman Seminar

Sophomore Year

English (year)

Math (year)

Physical Science or Honors
Chemistry (year)

World History/Geography
(year)

PE or HSROTC* (year)

Elective (year or 2 sem.)

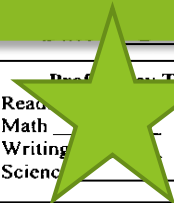
Enrichment

RECOMMENDED COURSE OF STUDY

Student Review: Sample Student
 Counselor Review: Sample Counselor
 Parent Review: Sample Parent

Type of Diploma
 Gateway Honors _____
 Standard _____ Advanced _____
 CTE _____ Other _____

Proficiency Tests
 Reading _____
 Math _____
 Writing _____
 Science _____



GATEWAY REQUIRED COURSES	FRESHMAN YEAR	SOPHOMORE YEAR	JUNIOR YEAR	SENIOR YEAR
English (4 credits)	English: <u>English 1-2</u>	English: <u>English 3-4</u>	English: <u>English 5-6</u>	English: <u>English 7-8</u>
Math (4 credits)	Math: <u>Algebra 1-2</u>	Math: <u>Geometry 1-2</u>	Math: <u>Algebra 3-4</u>	Math: <u>Trig/PreCalculus</u>
Social Studies (3 credits)		World History or Geography	U.S. History	American Government
Science (3 credits)	Science: <u>Biology</u>	Science: <u>Chemistry</u>	Science: <u>see course sequence</u>	Science: <u>see course sequence</u>
PE/HSROTC (2 credits)	PE/HSROTC: <u>PE</u>	PE/HSROTC: <u>PE (.5)</u>	<u>PE (.5)</u>	
Health/HSROTC (.5 credit)	Health:	<u>Health</u>		
Computer Literacy (.5 credit)	<u>Computer Literacy</u>		<u>Elective (.5)</u>	<u>Elective (1.0)</u>
Humanities/CTE. Ed (1 credit) May be taken at any grade level	<u>Spanish 1-2</u>	<u>Spanish 3-4</u>	<u>Spanish 5-6</u>	<u>Spanish 7-8</u>
Electives (6 credits*)	<u>Academic Success</u>	Summer School/ CBE/WOLF/Corresp. :		
Total 24 Credits				

Post High School Options

<u>Apprenticeship</u>	<u>Community/2 yr College</u>	<u>Military or National Service</u>	<u>Technical/Trade School</u>	<u>University/4 Year College</u>	<u>Undecided</u>
-----------------------	-------------------------------	-------------------------------------	-------------------------------	----------------------------------	------------------

Career Interests

<u>Agriculture & Natural Resources</u>	<u>Arts & Communications</u>	<u>Business & Management</u>	<u>Engineering & Industrial Tech.</u>	<u>Health & Related Services</u>	<u>Social & Human Services</u>	<u>Other</u>
--	----------------------------------	----------------------------------	---	--------------------------------------	------------------------------------	--------------

Diploma Options

STANDARD DIPLOMA:

- A minimum of 22.5 credits with all requirements met
- Pass all required END of COURSE exams

ADVANCED DIPLOMA:

- A minimum of 24 credits with all requirements met
- Science= One additional credit (total 3 credits)
- Math= One additional credit of math (total 4 credits)
- A minimum of 3.25 GPA (no rounding) including all credits applicable toward graduation
- Pass all required END of COURSE exams

HONORS DIPLOMA:

- Complete a minimum of 24 credits (20 required and 4 elective)
- Complete at least eight (8) qualified honors level classes
- Minimum 3.40 GPA, weighted (no rounding)
- Pass all required Pass all required END of COURSE exams

* Students who meet Advanced and Honors Diploma requirements, earn the Millennium Scholarship.

Millennium Scholarship

1. Graduate with a diploma from a Nevada public or private high school
2. GPA of at least 3.25. (the GPA is calculated using all high school credit granting courses and is not rounded)
3. Pass all “end of course exams”.
4. Nevada resident for at least two years of high school**
5. Successfully complete the following curriculum in high school to be eligible for the Millennium Scholarship:

English - 4 Units

Math (including Algebra II) - 4 Units

Natural Science - 3 Units

Social Science and History - 3 Units

TOTAL 14 Units

Social Activities: Do colleges care?

College admissions directors are looking for a commitment to, and a passion for, activities because they show your:

- Meaningful contribution to something
- Ability to maintain a long-term commitment
- Skills for managing your time and priorities
- Individuality

Making outside commitments work *for your child*

Here are some quick guidance tips:

- When your child finds something he or she likes to do, encourage him or her to stick with it.
- Participation matters.
- Encourage them to give their all to each activity, and most importantly, to their schoolwork.

School Organizations & Clubs

- ▶ Community Leadership Club
- ▶ Build On
- ▶ Future Business Leaders
- ▶ Art Club
- ▶ French Club
- ▶ Mi Cultura
- ▶ Book Club
- ▶ Teen Peace Project
- ▶ Generation Green
- ▶ Leadership (0 period)

NCAA Eligibility



Important Notes for future college athletes:

It is the responsibility of the student and his/her family to assure any correspondence courses or independent study classes meet NCAA core requirement.



The Eligibility Center number is:

877-262-1492 or www.eligibilitycenter.org

Time Management Tips for Your Child

1. Make a To-Do List Every Day

- Do the important things first.
- Don't forget to reward your accomplishments

2. Use Spare Minutes Wisely

- When traveling, encourage your child to get some reading done

3. Provide a quiet time and place for your child to study

4. Require your child to keep the Incline High School Daily Planner

- It's advisable to go over it every night with your child.

5. Monitor technology!

- Require your child to check his or her phone in with you.
- Monitor where your child is on the computer.

Time to get *real*

Help your child determine his or her priorities.

- They can't do everything at once.
- Help them set realistic goals that are attainable

It's Okay to Say No

- Friends can be tricky to "manage"
- Keep your short- and long-term priorities in mind

Review Your Notes Every Day

- Will help you reinforce what you've learned
- You'll realize you need less time to study before a test

Get a Good Night's Sleep

- Your brain needs rest to perform at its peak

Don't Waste Time Agonizing

- Instead of agonizing and procrastinating, just do it
- Don't worry about something that you're supposed to be doing... it's not productive and can increase your stress

Tips for Difficult Discussions

It's a good idea to keep computers in a public area of the house

- That's getting more difficult because cell phones have become "computers in a pocket."
- ▶ **FACEBOOK< TWITTER< ETC. Monitor what is happening on their site.**

Kiddos need parents, not private detectives

- kids should let you know before installing software so it is all above board.

(Dr. Dave Walsh, Ph.D. www.drdavewalsh.com)

Be clear about your family's rules for use of the Internet, **DRUGS** and **Dating.**

ATTENDANCE

- The WCSD Board of Trustees has established a policy requiring **90% attendance to earn credit in a class.**
- Students may **NOT** have more than **four (4) unexcused absences** in a block class per semester, which count against the 90% attendance policy.
- Insufficient attendance results in zero credit awarded.
- **ALWAYS** call the attendance office to report and excuse your child's attendance. Please call within 3 working days.
- 832-4260, Attendance. Jennifer Cruz

FRESHMEN SEMINAR TOPICS AND GROUPS AVAILABLE

FRESHMEN SEMINAR

- ▶ GPA
- ▶ TRANSCRIPT
- ▶ TESTING
- ▶ FOUR-YEAR PLANS
- ▶ GRADES
- ▶ STUDY SKILLS
- ▶ ORGANIZATION
- ▶ SHARE
- ▶ DRUGS AND ALCOHOL
- ▶ SUICIDE PREVENTION AND GREEN DOT

GROUPS

- ▶ GRIEF GROUP
- ▶ WOMAN'S EMPOWERMENT
- ▶ MEN'S ISSUES GROUP

Questions?

1. WHO DO I CONTACT FIRST WHEN MY CHILD IS HAVING DIFFICULTY IN A CLASS?